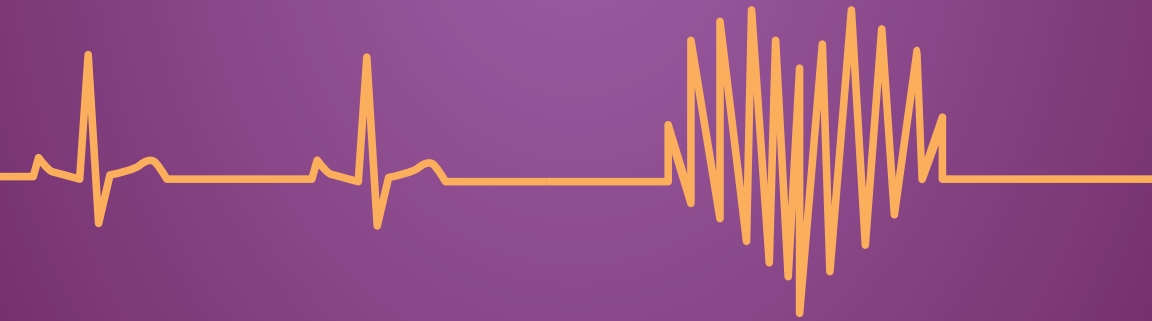


George J. D'Angelo, MD Center
for Cardiovascular Excellence

heart OF THE matter

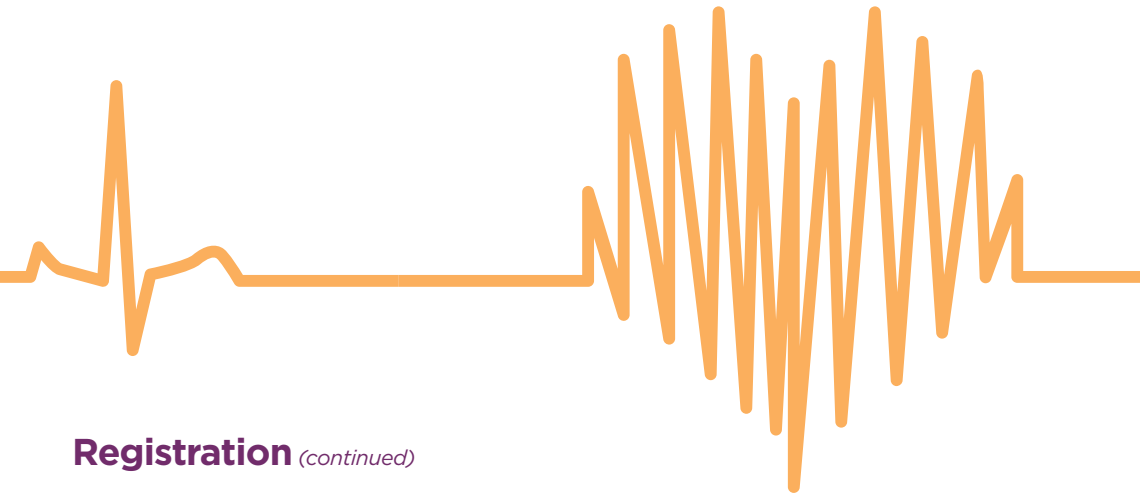


Wednesday, Oct. 5, 2016
7:30 a.m. to 2:30 p.m.

Ambassador Center | 7794 Peach St. | Erie, Pa.

UPMC | **HEART AND
VASCULAR INSTITUTE**

UPMC Hamot



Registration *(continued)*

To Register Online

Online registration is the quickest and easiest way to reserve your space at Heart of the Matter. Visit the online registration site at **Classes.UPMC.com**.

- ♥ Click on the “Healthcare Professionals” tab
- ♥ Scroll to “Conferences” and then to “Heart of the Matter”
- ♥ Click on “Register Now”
- ♥ You will need to create a user ID and password

If registering by mail, please complete the registration form and send with your check to UPMC Hamot, Center for Education, 201 State St., Erie, PA 16550, Attn: Peggy Hinkel.

For more details, contact the Center for Education at **814-877-2513**, or visit online **Classes.UPMC.com**.

This conference is designed for health professionals who care for cardiovascular patients and their families.

Acknowledgments

We gratefully acknowledge the following sponsors for their support:

- ♥ UPMC Hamot Heart and Vascular Institute
- ♥ UPMC Hamot
- ♥ UPMC Hamot/UPMC Hamot Heart and Vascular Institute Medical Staff

2016 agenda



7:30 to 8 a.m.

Registration and Breakfast

8 to 8:15 a.m.

Welcome and Introduction

Gary Maras, Senior Vice President of Business Development, UPMC Hamot; Chief Executive Officer, UPMC Hamot Heart and Vascular Institute
Theresa Kisiel, MSN, CRNP-BC, Executive Director, UPMC Hamot Heart and Vascular Institute
Lynn Durst, BSN, RN-BC, Clinician, UPMC Hamot Heart and Vascular Institute; Manager, Cardiovascular Disease Management; Manager, Diabetes Institute

8:15 to 8:50 am

New Treatments for Stroke Prevention in AFib

Richard Petrella, MD, FACC, FACP, FSCAI

8:50 to 9:25 a.m.

My Cardiac Patient Has an Advance Directive — Now What?

Ferdinando Mirarchi, DO, FAAEM, FACEP

9:25 to 10 a.m.

Acute Coronary Syndrome — The Role of the ACS Clinic in Providing Best Practice Care

Deborah Pora, MSN, ANP-C, RN, RCIS

10 to 10:20 a.m.

Break

10:20 to 10:55 a.m.

Stop the Clot!! — Making Sense of the Clinic Model for DVT/PE Protocols

G. Jay Bishop, MD, FACP, FSVM, RPVI

10:55 to 11:30 a.m.

Supersize Your Knowledge of the Cardiac Diet

Mary Grenz, RDN

11:30 a.m. to 12:05 p.m.

I Didn't Know What I Thought I Knew — The Personal Experience of a Cardiac Nurse

Deb Hess, MSN, RN-BC

12:05 to 1 p.m.

Lunch

1 to 1:35 p.m.

Sleep Apnea and the Cardiac Patient — Understanding the Connection

Mario Kinsella, MD

1:35 to 2:10 p.m.

Just Breathe! — With Pulmonary Rehab

Marissa Tesauero, RRT

2:10 to 2:30 p.m.

Questions and Answers Evaluation



George J. D'Angelo, MD Center for Cardiovascular Excellence

Dr. D'Angelo joined the Hamot Medical Staff in 1958. He immediately transformed cardiovascular care in the community, first by pioneering local use of cardiac catheterization in 1958. The following year, he performed the first heart surgery — a closed heart surgery — in Erie.

There were many other firsts for Dr. D'Angelo: On Nov. 19, 1962, Dr. D'Angelo performed the first open heart surgery in northwest Pennsylvania. In 1964, he performed the first valve replacement surgery; in 1965, he performed the first local pacemaker insertion; and in 1969, he performed the first area coronary bypass surgery.

Dr. D'Angelo served as the first chief of Hamot's Division of Cardiovascular-Thoracic Surgery and the first director of Medical Education. It is estimated that he cared for 7,000 people in his 40 years as a heart surgeon.

On May 28, 2010, UPMC Hamot dedicated the George J. D'Angelo MD Center for Cardiovascular Excellence. The center honors Dr. D'Angelo's pioneering clinical expertise, extraordinary leadership, and incredibly inspiring philanthropic support. The center will stand as a reminder of the indelible mark Dr. D'Angelo has left on UPMC Hamot and on the community.

Location

The conference is being held at the Ambassador Center, 7794 Peach St., Erie, Pa. Take I-90 to Exit 24, turn north on Rte. 19 (Peach St.). The Ambassador Center is on your left (Scott Drive). Free parking is available at the hotel. The room temperature varies, as does personal preference, so we advise dressing in layers.

Accommodations

The Hilton Garden Inn, 2225 Downs Drive, Erie, PA, 16509, is conveniently located adjacent to the Ambassador Center. If you need overnight accommodations, please call The Hilton Garden Inn at 814-866-1390. Tell them that you are attending the UPMC Hamot Heart of the Matter Conference and ask for the UPMC Hamot discounted rate of \$97 per night.

Special Needs

If you are in need of any dietary or physical accommodations to participate in this program, please contact us at 814-877-2513 by Sept. 16, 2016, so that we may make the necessary arrangements.

Nursing Accreditation

UPMC Provider Unit is accredited as a provider of continuing education by the American Nurses Credentialing Center's Commission on Accreditation.

Accreditation refers to recognition of continuing nursing education activities only and does not imply UPMC or Commission on Accreditation approval or endorsement of any commercial product.

Nursing Contact Hours

A maximum of *5.0 nursing contact hours* will be awarded (ANCC or UPMC). Participants will be able to claim credit commensurate with the extent of their participation in the program.

Disclosure Statement

All conference planning committee members and faculty participating in continuing nursing education programs sponsored by UPMC Hamot are expected to disclose to the program audience any real or apparent conflict of interest related to the content of their presentation.



Featured Speakers:

**Richard Petrella, MD, FACC,
FACP, FSCAI TAVR**

*New Treatments for Stroke
Prevention in AFib*

Dr. Petrella is a staff cardiologist specializing in invasive and interventional cardiology at the UPMC Hamot Heart and Vascular Institute. He attended medical school at Hahnemann University in Philadelphia. He completed his residency at Lankenau Hospital in Philadelphia and his fellowship in cardiology at the Cleveland Clinic. He is board-certified in internal medicine, cardiology, and interventional cardiology, and vascular and endovascular medicine. He currently is a fellow of the American College of Cardiology, the American College of Physicians, and the Society for Cardiovascular Angiography and Intervention. He currently serves as the chief of the Division of Cardiology at UPMC Hamot and is chairman of the Department of CV medicine.

**Ferdinando Mirarchi, DO,
FAAEM, FACEP**

*My Cardiac Patient Has an
Advance Directive – Now What?*

Ferdinando Mirarchi, DO, is the medical director of UPMC Hamot's Emergency Department and president of the UPMC Hamot Physician Network Governance Council. He also serves as academic core faculty for the UPMC Hamot Emergency Medicine Residency Program. Dr. Mirarchi is a fellow of both the American Academy of Emergency Medicine and the American College of Emergency Physicians.

After completing his undergraduate studies at Temple University in Philadelphia, Pennsylvania, Dr. Mirarchi attended Western University of Health Sciences College of Osteopathic Medicine in Pomona, California.

Dr. Mirarchi has been published nationally and internationally in the field of emergency medicine. He is considered an expert on the

subject of living wills and has been featured in local and national publications, including the *USA Today*, *The New York Times*, the *Associated Press*, and ABC News. Dr. Mirarchi also serves as a consultant for www.emedicine.com.

**Deborah Pora, MSN, ANP-C,
RN, RCIS**

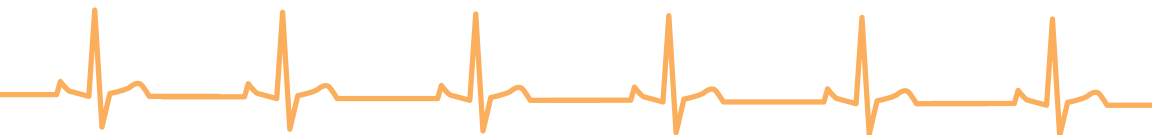
*Acute Coronary Syndrome – The
Role of the ACS Clinic in Providing
Best Practice Care*

Deborah Pora, MSN, ANP-C, RCIS is a nurse practitioner and director of Advanced Practice in Cardiology and specializes in interventional cardiology at the UPMC Hamot Heart and Vascular Institute. In addition to her extensive clinical experience, Deborah has an outstanding academic background that includes a Master of Science in Nursing from Kent State University. She is board-certified by the American Association of Nurse Practitioners and licensed by the state of Pennsylvania as an Advanced Practice Provider. She is also certified as a registered cardiovascular invasive specialist and by the Society of Critical Care Medicine. Her scope of practice encompasses health promotion, spirituality, disease prevention, diagnosis, and management of common and complex health care problems in cardiology.

**G. Jay Bishop, MD, FACP,
FSVM, RPVI**

*Stop the Clot! – Making Sense of the
Clinic Model for DVT/PE Protocols*

Dr. Bishop is a staff physician with Medicor Associates specializing in Vascular Medicine at the Heart and Vascular Institute of UPMC Hamot. He is the Division Chief of Vascular Medicine at UPMC Hamot and the Medical Director of the Vascular Lab at the Heart and Vascular Institute. Dr. Bishop attended medical school at Ross University School of Medicine and completed his residency at St. Francis Medical Center in Pittsburgh. He is board certified in both Internal Medicine and Vascular Medicine. He currently is a Fellow of the American College of Physicians and



the Society for Vascular Medicine. Dr. Bishop has recently been appointed to the Board of Directors of the Society for Vascular Medicine and serves on multiple committees in this organization. Dr. Bishop specializes in the diagnosis and treatment of vascular disease and participates in many lectures and screening programs to raise awareness regarding all types of vascular disease as well as the emerging field of Vascular Medicine. He has a special interest in the field of thrombosis (blood clots) and anticoagulation, and has organized a thrombosis clinic as part of the Vascular Medicine program at the UPMC Hamot Heart and Vascular Institute.

Mary Grenz, RDN

Supersize Your Knowledge of the Cardiac Diet

Mary Grenz is a graduate from the University of Pittsburgh with a Bachelor of Science in clinical dietetics and nutrition. She has worked as a registered dietitian for 30 years in several capacities including long-term care, acute care, inpatient rehabilitation, weight loss programs, food service management, and outpatient counseling. For the past 21 years, she has been counseling clients and caretakers in the cardiopulmonary rehab setting. She has been with UPMC for the past 16 years. In her current role, she provides one-to-one nutrition therapy with clients at the UPMC Hamot Center for Healthy Living.

Deb Hess, MSN, RN-BC

I Didn't Know What I Thought I Knew — The Personal Experience of a Cardiac Nurse

Deb Hess earned her master's degree in nursing from Case Western Reserve University with a focus as a clinical nurse specialist (CNS). As a CNS, Deb serves as a resource to designated medical-surgical units at UPMC Hamot. She assisted in the initial start of a simulation lab and has studied the benefits of simulation to practicing medical-surgical nurses. Deb also helped to create nurse research workshops and the nurse research residency program at UPMC Hamot.

Mario Kinsella, MD

Sleep Apnea and the Cardiac Patient — Understanding the Connection

Mario Kinsella, MD, is a staff pulmonologist at UPMC Hamot, specializing in pulmonology and sleep medicine. He is the medical director of UPMC Hamot's Sleep Disorders Center, Respiratory Care, Pulmonary Rehabilitation, and the Pulmonary Function Lab. After completing his undergraduate and medical degree studies at Dublin University, Trinity College, in Dublin, Ireland, Dr. Kinsella concluded his internal medicine training in Ireland. He then spent three years as a fellow in pulmonary medicine at the University of British Columbia. He completed a Master of Medical Management at Carnegie Mellon University, in Pittsburgh.

Dr. Kinsella is board-certified in internal medicine, respiratory medicine, and sleep disorders. He is also a fellow of the American College of Chest Diseases, the American Academy of Sleep Medicine, and the American Association for Physician Leadership.

Marissa Tesauro, RRT

Just Breathe! — With Pulmonary Rehab

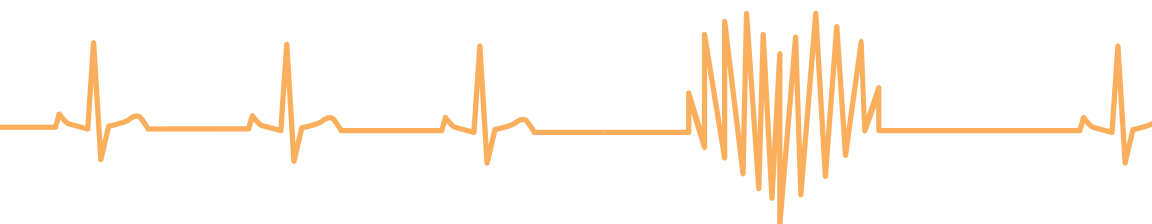
Marissa Tesauro is dedicated to health and wellness, primarily to those suffering from chronic respiratory issues.

She joined UPMC Hamot after graduating from Gannon University in 2012 with her bachelor's degree of respiratory therapy.

Initially she worked inpatient care as a staff respiratory therapist.

She transferred to UPMC Hamot's Center for Healthy Living to start up the Pulmonary Rehabilitation Program.

As the clinical coordinator for the department, she continues to help expand the services provided for outpatient respiratory care.



Objectives

At the completion of this seminar, you should be able to:

- ♥ Identify treatment options for preventing strokes associated with AFib.
- ♥ Discuss interpretation of the various advance-directive documents as they relate to the care of cardiac patients.
- ♥ Identify the role of the acute coronary syndrome clinic in improving patient outcomes.
- ♥ Review the American College of Cardiology guidelines for DVT/PE prophylaxis.
- ♥ Identify the characteristics and benefits of a heart-healthy diet.
- ♥ Discuss the barriers experienced by a cardiac nurse caring for a family member with cardiac disease.
- ♥ Identify the prevalence of sleep apnea in cardiac patients.
- ♥ Discuss the implications of sleep apnea as it relates to cardiovascular disease.
- ♥ Discuss how pulmonary rehab can maintain your COPD patient's quality of life.

Registration

To Register by Mail

The conference fee of \$35 for all participants includes all conference materials, breakfast, and lunch.

Registration deadline is Sept. 23, 2016.

No refunds will be given, but substitutions will be accepted. Seating is limited. Early registration is advised.

Name

Check Title

RN LPN NP PA MD DO

Other _____

Specialty

Institution/Organization

Street Address

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Daytime Phone Number

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Checks should be made payable to UPMC Hamot.

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(available for UPMC Hamot nurses only).

If fee is to be paid by this fund, MEB form **must** be completed and submitted to your manager for approval (MEB form available on the iHamot website).

If registering by mail, please complete the registration form and send with your check to UPMC Hamot, Center for Education, 201 State St., Erie, PA 16550, Attn: Peggy Hinkel.

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