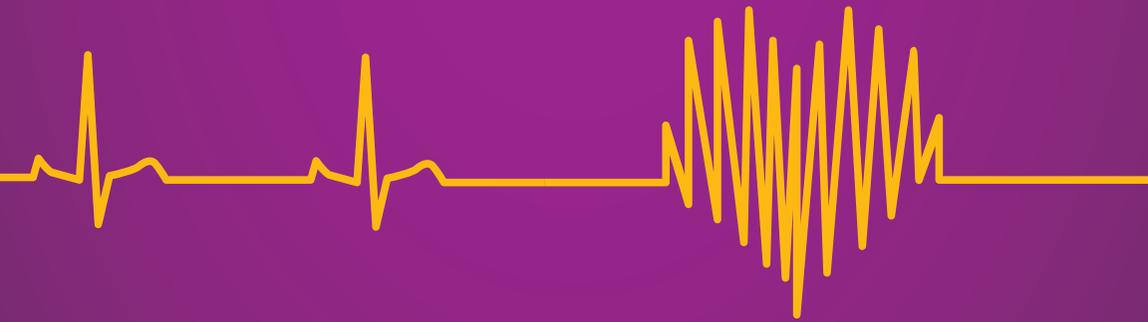


George J. D'Angelo, MD Center
for Cardiovascular Excellence

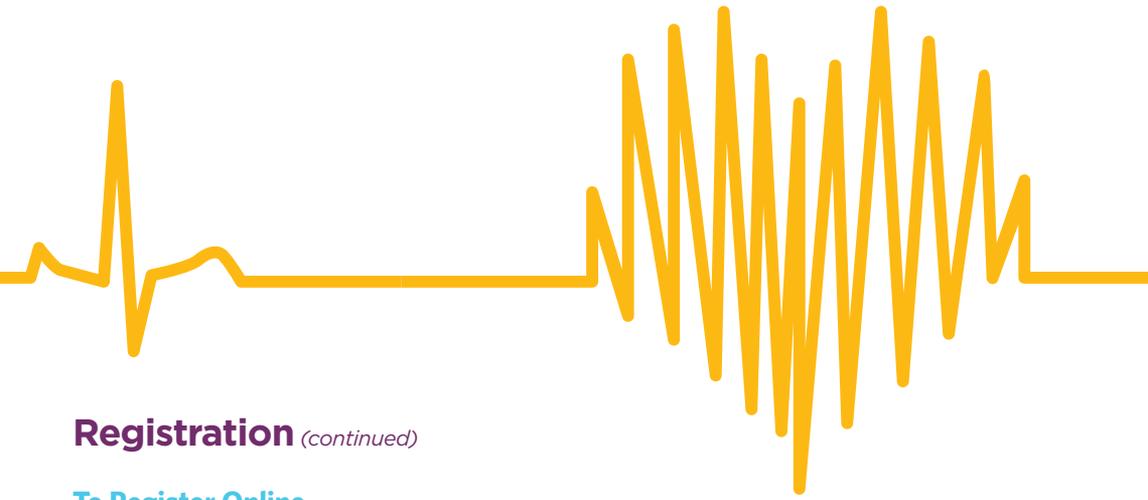
heart OF THE matter



Wednesday, Oct. 7, 2015
7:30 a.m. to 3 p.m.

Ambassador Center | 7794 Peach St. | Erie, Pa.

 **UPMC Hamot**
Heart and Vascular Institute



Registration *(continued)*

To Register Online

Online registration is the quickest and easiest way to reserve your space at Heart of the Matter. Visit the online registration site at **Classes.UPMC.com**.

- ♥ Click on the “Healthcare Professionals” tab
- ♥ Scroll to “Conferences” and then to “Heart of the Matter”
- ♥ Click on “Register Now”
- ♥ You will need to create a user ID and password

Online payment option

- ♥ Credit card
- ♥ Margaret Eckerd Brown Fund
(available for UPMC Hamot nurses only)

If you are using the Margaret Eckerd Brown Fund to pay for registration, MEB form **must** be completed and submitted to your manager for approval. (MEB form available on the iHamot website.)

For more details, contact the Center for Education at **814-877-2513**, or visit online **Classes.UPMC.com**.

Acknowledgments

We gratefully acknowledge the following sponsors for their support:

- ♥ UPMC Hamot Heart and Vascular Institute
- ♥ UPMC Hamot
- ♥ UPMC Hamot/UPMC Hamot Heart and Vascular Institute Medical Staff

2015 agenda



7:30 to 8 a.m.

Registration and Breakfast

8 to 8:15 a.m.

Welcome and Introduction

Gary Maras, Senior Vice President of Business Development, UPMC Hamot; Chief Executive Officer, UPMC Hamot Heart and Vascular Institute

Theresa Kisiel, CRNP, BC, MSN, Executive Director, Cardiovascular Nursing and Quality

Lynn Durst BSN, RN-BC, Clinician, UPMC Hamot Heart and Vascular Institute; Manager, Cardiovascular Disease Management; Manager, Diabetes Institute

8:15 to 8:50 a.m.

Acute MI — When to Stent and Why?

Quentin M. Orlando, DO, FACC

8:50 to 9:25 a.m.

Back to Basics With “CABG”

Michael Butler, MD, FACS

9:25 to 10 a.m.

Metabolic Syndromes: Heart Disease Shouldn't Be Sugarcoated

Asif Shakoor, MD

10 to 10:20 a.m.

Break

10:20 to 10:55 a.m.

New Advances in Treatment of A-Fib and V-Tach

Jean B. Moubarak, MD, FACC

10:55 to 11:30 a.m.

Classifications of Heart Failure — Key Components of Assessment

Laura Schmalzried, BSN, RN, CCRN

11:30 a.m. to 12:05 p.m.

Cardiac Nutrition and Herbal Supplements — Separating Fact From Fiction

Tessa Wellmon, RD

12:05 to 1 p.m.

Lunch

1 to 1:35 p.m.

Cardiorenal Syndrome: Don't Flood Your Heart!

Naina Gurung, CRNP

1:35 to 2:10 p.m.

Cardiac Patients: It's Never Too Early for Palliative Care

John Barnett, CRNP

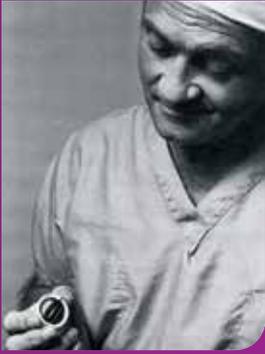
2:10 to 2:45 p.m.

The Latest Advances in Neurointerventional Radiology

Charles E. Romero, MD

2:45 to 3 p.m.

Questions and Answers Evaluation



George J. D'Angelo, MD Center for Cardiovascular Excellence

Dr. D'Angelo joined the Hamot medical staff in 1958. He immediately transformed cardiovascular care in the community, first by pioneering local use of cardiac catheterization in 1958. The following year, he performed the first heart surgery — a closed heart surgery — in Erie.

There were many other firsts for Dr. D'Angelo. On Nov. 19, 1962, Dr. D'Angelo performed the first open heart surgery in northwest Pennsylvania. In 1964, he performed the first valve replacement surgery. In 1965, he performed the first local pacemaker insertion. And, in 1969, Dr. D'Angelo performed the first area coronary bypass surgery.

Dr. D'Angelo served as the first chief of Hamot's Division of Cardiovascular-Thoracic Surgery and the first director of Medical Education. It is estimated that he cared for 7,000 people in his 40 years as a heart surgeon.

On May 28, 2010, UPMC Hamot dedicated the George J. D'Angelo, MD Center for Cardiovascular Excellence. The center honors Dr. D'Angelo's pioneering clinical expertise, extraordinary leadership, and incredibly inspiring philanthropic support. The center will stand as a reminder of the indelible mark Dr. D'Angelo has left on UPMC Hamot and on the community.

Location

The conference is being held at the Ambassador Center, 7794 Peach St., Erie, Pa. Take I-90 to Exit 24, turn north on Rte. 19 (Peach St.). The Ambassador Center is on your left (Scott Drive). Free parking is available at the hotel. The room temperature varies, as does personal preference, so we advise dressing in layers.

Accommodations

The Courtyard by Marriott, 7792 Peach St., Erie, Pa., connected to the Ambassador Center, has reserved a block of rooms for a limited time. For reservations made by Sept. 1, there is a special rate of \$89 per night. If you need overnight accommodations, please call the hotel directly at 814-860-8300 and indicate that you are attending this conference.

Special Needs

If you are in need of an accommodation to participate in this program, please contact us at 814-877-2513 by Sept. 25, so that we may make the necessary arrangements.

Nursing Accreditation

UPMC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Accreditation refers to recognition of continuing nursing education activities only and does not imply UPMC or Commission on Accreditation approval or endorsement of any commercial product.

Nursing Contact Hours

A maximum of 5.5 *nursing contact hours* will be awarded (ANCC or UPMC Hamot). Participants will be able to claim credit commensurate with the extent of their participation in the program.

Disclosure Statement

All faculty participating in continuing nursing education programs sponsored by UPMC Hamot are expected to disclose to the program audience any real or apparent conflict of interest related to the content of their presentation.



Featured Speakers:

Quentin M. Orlando, DO, FACC **Acute MI — When to Stent and Why?**

Dr. Orlando is a staff cardiologist specializing in internal medicine and interventional cardiology at the UPMC Hamot Heart and Vascular Institute. He attended medical school at Lake Erie College of Osteopathic Medicine. He completed both his internal medicine residency and his fellowship in interventional cardiology at Allegheny General Hospital-Drexel University. He is board-certified in cardiovascular disease, interventional cardiology, and internal medicine. He is a fellow of the American College of Cardiology. Dr. Orlando currently serves as the Cath Lab director and the CVICU co-director at UPMC Hamot.

Michael Butler, MD, FACS **Back to Basics With “CABG”**

Dr. Butler has been a member of the UPMC Hamot Flagship CVT Surgeons for more than 17 years, specializing in vascular, thoracic, and cardiac surgery. He attended medical school at the University of Vermont College of Medicine. He completed his surgical residency at the Medical Center Hospital of Vermont, and then went on to complete a fellowship in thoracic and cardiovascular surgery at the University of Virginia Health Sciences Center. Dr. Butler is board-certified in both general surgery and thoracic surgery.

Asif Shakoor, MD **Metabolic Syndromes: Heart Disease Shouldn't Be Sugarcoated**

Dr. Shakoor joined UPMC Hamot as a hospitalist in July of 2007. He attended medical school at Saint George's University School of Medicine, Grenada, West Indies, and completed his internal medicine residency at Allegheny General Hospital. Prior to medical school, Dr. Shakoor was an avid volunteer at several hospitals for many different programs and was also a teacher and counselor at a high school for pregnant teenage mothers.

Jean B. Moubarak, MD, FACC **New Advances in Treatment of A-Fib and V-Tach**

Dr. Moubarak is a staff cardiologist specializing in internal medicine and cardiac electrophysiology at the UPMC Hamot Heart and Vascular Institute, and is currently the chief of the Division of Cardiology. He attended medical school at St. Joseph University, Faculty of Medicine in Beirut, Lebanon, and completed his internal medicine residency at Georgetown University/VA Medical Center in Washington, D.C. Dr. Moubarak went on to complete fellowships in cardiology and cardiac electrophysiology, both at Georgetown University. He joined the staff at UPMC Hamot in 2001. He is board-certified in cardiovascular disease, clinical cardiac electrophysiology, and internal medicine, and is a fellow of the American College of Cardiology. He has served as the principal investigator for a number of clinical trials. .

Laura Schmalzried, BSN, RN, CCRN **Classifications of Heart Failure — Key Components of Assessment**

Laura Schmalzried received her bachelor's degree in nursing from Edinboro University in 1982. She has more than 30 years of experience working in both medical and surgical cardiac ICU settings. She is a member of the American Association of Critical Care Nurses and has maintained her certification in critical care nursing since 1985. Laura is passionate about her patients, but she is also known for her enthusiasm in the classroom. As a nurse educator at UPMC Hamot, Laura strives to help nurses and other health care providers unravel the complexities of cardiac care and assessment — including arrhythmia and 12-lead EKGs.



Tessa Wellmon, RD
Cardiac Nutrition and Herbal
Supplements — Separating Fact
From Fiction

Tessa Wellmon completed her bachelor's degree in dietetics at Gannon University in 2004. She has worked as a dietitian with UPMC for more than 10 years. She began her career as a licensed dietitian at Sugar Creek Station in Franklin, Pa., where she developed nutrition plans for patients with a wide variety of chronic illnesses and dietary restrictions. She came to UPMC Hamot in 2010, and her current role focuses on personal nutrition coaching with emphasis on medical nutrition therapy. She also lectures frequently on improving lifestyle choices to help manage chronic disease.

Naina Gurung, CRNP
Cardiorenal Syndrome: Don't Flood
Your Heart!

Naina Gurung is an acute care nurse practitioner specializing in general cardiology at the UPMC Hamot Heart and Vascular Institute. In addition to her extensive clinical experience, Naina has an outstanding academic background that includes a master's degree in nursing from Rutgers University. She is board-certified by the American Academy Nurse Credentialing Center, and licensed by the states of Pennsylvania and New Jersey as an advanced acute care provider. Her scope of practice encompasses health promotion, spirituality, disease prevention, diagnosis, and management of common and complex health care problems in cardiology.

John Barnett, CRNP
Cardiac Patients: It's Never Too
Early for Palliative Care

John Barnett earned his bachelor's degree in nursing from Edinboro University. In 2010, he went on to obtain a master's degree and nurse practitioner certification from Clarion/Edinboro University consortium. His focus as a nurse practitioner has been in the field of palliative care, and he also completed education through the End-of-Life Nursing Education Consortium (ELNEC). He currently works as a nurse practitioner with the palliative care team at UPMC Hamot.

Charles E. Romero, MD
The Latest Advances in
Neurointerventional Radiology

Dr. Romero is the medical director of neurointensive care, neurology, and neurointerventional radiology at UPMC Hamot. He completed certification at New York Medical College followed by a neurology residency at New England Medical Center in Boston. He completed fellowships in stroke and interventional neuroradiology, both at the Lahey Clinic, and he has established himself as a highly personable, competent, and team-spirited neurointerventionalist recognized for excelling in complex, high-stakes environments. Dr. Romero received the 2012 Patients' Choice Award and is known for being a strong patient advocate, putting his patients at ease and establishing difficult diagnoses and effective treatment plans with positive outcomes. Dr. Romero has spoken both regionally and nationally and has authored numerous publications.



Objectives

At the completion of this seminar, you should be able to:

- ♥ Describe the American College of Cardiology algorithm for acute MI treatment.
- ♥ Discuss postoperative management of the coronary artery bypass graft (CABG) patient.
- ♥ Review metabolic syndromes and diabetes as they relate to heart disease.
- ♥ Summarize the latest advances in A-fib management.
- ♥ Describe the indications for treatment of V-tach with subcutaneous implantable cardioverter defibrillator (ICD).
- ♥ Discuss the correlation between the stages of heart failure and the clinical presentation.
- ♥ Review evidence-based nutritional guidelines for cardiac patients.
- ♥ Compare the benefits versus the risks of herbal supplements in promoting cardiac health.
- ♥ Discuss the relationship between cardiorenal syndrome and heart failure.
- ♥ Explain the importance of early goal clarification in the care of cardiac patients.
- ♥ Review the latest neuro interventions that are being used to treat stroke patients.

Registration

To Register by Mail

The conference fee of \$35 for all participants includes all conference materials, breakfast, and lunch. **Registration deadline is Sept. 25, 2015.** No refunds will be given, but substitutions will be accepted. Seating is limited. Early registration is advised.

Name

Check Title

- RN LPN NP PA MD DO
 Other _____

Specialty

Institution/Organization

Street Address

City, State, ZIP

Daytime Phone Number

Email Address

- My payment by check is enclosed.**
Checks should be made payable to UPMC Hamot.
- My employer to send payment.**

Employer Name

- Margaret Eckerd Brown Fund**
(available for UPMC Hamot nurses only).
If fee is to be paid by this fund, MEB form **must** be completed and submitted to your manager for approval (MEB form available on the iHamot website)

If registering by mail, please complete the registration form and send with your check to UPMC Hamot, Center for Education, 201 State St., Erie, PA 16550, Attn: Peggy Hinkel.

George J. D'Angelo, MD Center
for Cardiovascular Excellence

heart^{OF}
THE matter

UPMC LIFE
CHANGING
MEDICINE

UPMC Hamot
201 State St.
Erie, PA 16550
UPMCHamot.org