

Napa Senior Activity Center Discount!

Pass to Class Discount Card Classes

For August 24 - December 11, 2015

+55 CLASSES AT NAPA SENIOR ACTIVITY CENTER				
Title	Teacher	Location	Time	Day
CHOIR				
Community Chorus	MacPherson	Jefferson St. Senior Housing	9:45 - 11:15 AM	T
ART				
Artist's Studio	Hays	Rohlf's Manor	9:45 - 11:15 AM	T
Drawing/Painting	Tillotson	Senior Center Large Annex	1:30 - 3:30 PM	T
Drawing/Painting	Tillotson	Pelusi Building	9:30AM-12:00PM	W
FITNESS				
Fit for Life	Payne	Senior Center Large Annex	8:30-9:30 AM	T
Fit for Life	Payne	Senior Center Large Annex	9:45-10:45 AM	T
Fit for Life	Payne	Senior Center Large Annex	8:30-9:30 AM	TH
Fit for Life	Payne	Senior Center Large Annex	9:45-10:45 AM	TH
Strength & Balance	Payne	Senior Center Large Annex	8:30-9:30 AM	W
Mind & Muscle	Benere	Senior Center Large Annex	7:15-8:15 AM	M/W
Pilates	Leopold	Senior Center Large Annex	12:15-1:15 PM	M
Pilates	Leopold	Senior Center Large Annex	12:15-1:15 PM	W
Strength Training	Leopold	Senior Center Large Annex	1:20-2:20 PM	W
Yoga Blend	Leopold	Senior Center Large Annex	1:20-2:40 PM	M
Yoga Blend	Leopold	Senior Center Large Annex	2:20-3:40 PM	W
SPANISH				
Spanish Beginning 55+	McAdams	Senior Center 1518 House	10:00-11:30 AM	W
Spanish Int/Adv 55+	McAdams	Senior Center 1518 House	11:00AM-1:00PM	F
Spanish Adv 55+	McAdams	Senior Center 1518 House	2:00-4:00 PM	TH
<p>No Classes on 9/7, 10/12, 11/11, 11/23 - 11/27</p> <p>Napa Valley Adult Education Classes at the Napa Senior Activity Center</p> <p>JOIN ANY TIME! Purchase your pass directly from the teacher in class!</p> <p>\$100.00 PASS TO CLASS DISCOUNT CARD</p>				

Senior Activity Center (Napa)